

SPORTS ACTIVITIES AND GEOGRAPHY

English Camp - Melchiorova hut' 2012

SPORTS

- Orienteering
- Geocaching
- Cycling
- Tourism
- Softball
- Other activities

ORIENTEERING

- It is a sport, where you run in nature with map and compass. The aim of this sport is finding controls in the best time.
- Equipment:
 - Map
 - Compass
 - Control point
 - Card (sport ident)

Competition



The international orienteering symbol



Map with control points



Control point



Personal equipment



History

- It has begin in late 19th century in Sweden. The first race was at 1897 in Oslo. Nowaday orienteering is popular everywhere on the World, especially Sweden, Finland, USA, Canada and China. More than 1 million people enjoy this sport. Maybe in the future it will be one of Olympic sport. International Orienteering Federation (IOF) has began in 1961 in Copenhagen.
- In 1952 was the first competion in CSR.

Competition types

- Orienteering run
- Mountain bike orienteering (MTBO)
- Ski orienteering
- Trail-O (for handicap people)

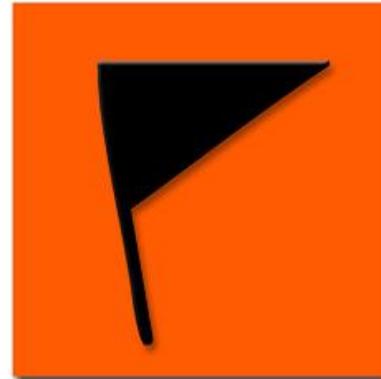
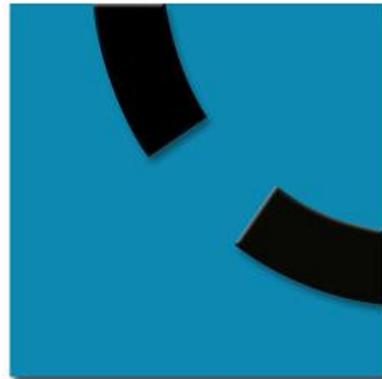
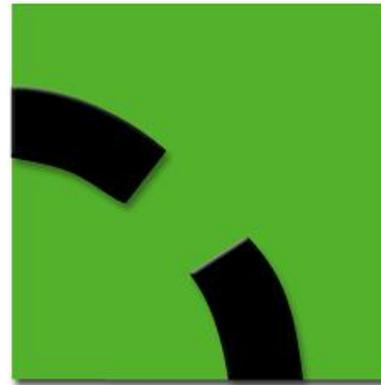
Practical lesson

- Night orienteering

GEOCACHING

- It is an outdoor sporting activity.
- You have to use GPS receiver to find the cache.
- Caches are on interesting places.
- A typical cache is a small waterproof container containing a logbook where the geocacher enters the date they found it and signs it with their code name.

Geocaching symbol



GEOCACHING.COM

Cache

- When you find the cache there is a small present, which you should exchange for any other.



Types of caches

- **By size**
 - Micro
 - Small
 - Regular
 - Large
- **By character**
 - Traditional cache
 - Multi cachce
 - Mystery cache
 - Event cache

Special trackable items

- Trackable items are logged on the website and moved from cache to cache.
- **Travel bugs (TB)**
- **Geocoins (GC)**



History

- Geocaching is similar to the 150-year-old game letterboxing.
- Geocaching was invented on May, 2000 in USA.

CYCLING

(bicycling, biking)

- Is the use of bicycles for transport, recreation, or for sport. The purpose of competition is overcoming routes on the track, road or in terrain in a better time than your opponent.
- Equipment
 - Bicycle
 - Helmet
 - Pump
 - Lights
 - Reflectors
 - Puncture repair kit
 - Audible signaling device
 - Gloves

Kinds of cycling

- Road cycling
- Cyclocross („Cross“)
- Track
- BMX (bicycle motocross)
 - Freestyle BMX
 - BMX racing
- MTB (Mountain biking)
 - Cross country
 - Downhill
 - Free ride
 - Trials

- Apart from ordinary two-wheeled bicycles, cycling also includes riding unicycles, tricycles, quadracycles.



History

- Bicycles were introduced in the 19th century. Nowadays they are the principal means of transportation in many regions.

TOURISM

- Tourism is travelling for recreation, sport and hobby. The purpose of tourism is to know nature, culture, sightseeing and other people.



Kinds of tourism

- Walking
- Cycling
- Water tourism
- Motoring
- Agrotourism
- Mountain tourism
- Geocaching
- Backpackers (autostop)

Walking, cycling, water tourism, motoring



Agrotourism, mountain tourism, geocaching, backpackers



Working with map

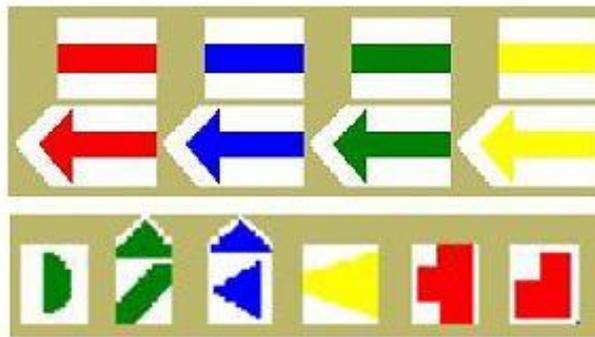
- Key
- Scale of map
- Touristic marks
- Equipment
 - Map
 - Compass

History in Czech

- Tourism is popular since 19. century.
- Czech club of tourists began in 1888.

Kinds of touristic marks

- **Red** – long and difficult route
- **Blue** – more important route
- **Green** – local route
- **Yellow** – short route



Touristic marks



Practical lesson

- Trip (walking)
- Castle Nečtiny
- Castle Manětín

Chateau Nečtiny

- Originally a baroque castle from the 17th century was rebuilt in 1855 - 1858 in Tudor Gothic style.

Chateau Nečtiny



Chateau Manětín

- Manětín is a town in the Pilsen Region of the Czech Republic. It lies some 30 km to the north from the region capital of Pilsen.
- Since 1st January 2002, Manetin baroque chateau including its park has been proclaimed the National historic landmark.

Chateau Manětín



SOFTBALL

- Softball is collective ball game, similar to baseball but pitchers throw underhand.
- Sport is played between two teams of 9 to 14 players.
- Equipment
 - Ball
 - Gloves
 - Protective equipment
 - Bat
 - Uniform

Game play

- The playing field is divided into 'fair territory' and 'foul territory'. Fair territory is further divided into the 'infield', and the 'outfield', and the territory behind the outfield fence.
- We can divide plates into three groups:
 - Home plate
 - Pitching plate
 - Others
- Behind home plate is a 'backstop'.

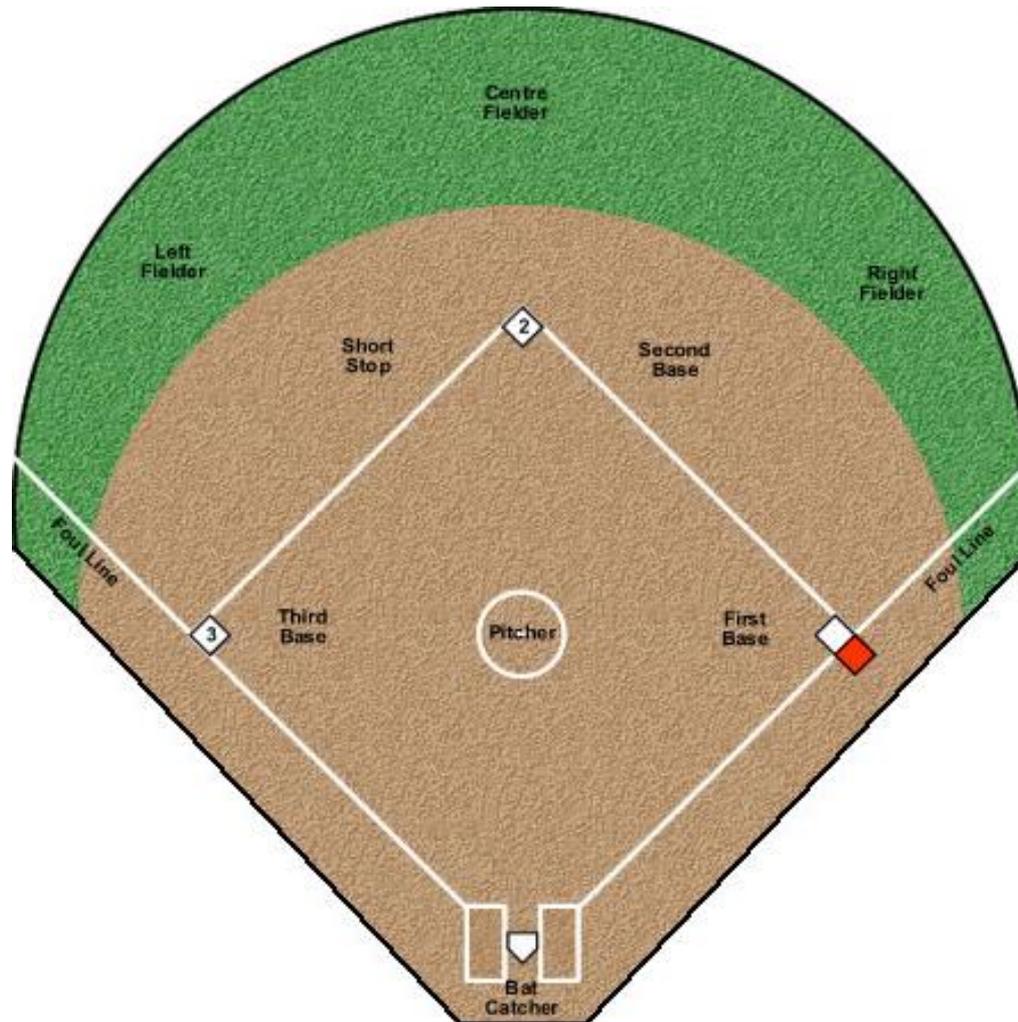
History

- The earliest known softball game was played in Chicago, Illinois on Thanksgiving Day, 1887.
- Softball will be Olympic sport for the 2012 Summer Olympic Games.

The first photo of a Softball team



Softball field



OTHER SPORT ACTIVITIES

- **Table tennis** – match (single or double form)
- **Tennis** – match (single or double form)
- **Volleyball**
- Special race on the scooters